

**PRIVATE EXCURSION PROGRAMS**

ACTIVITY	INCLUSIVES	DURATION	CRITERIA	PRICE ADULT (13 YRS & OVER)	PRICE CHILD (3-12 YRS)
SNORKELING ADVENTURES					
Turtle snorkeling	Water bottle per pax, life jackets on request, snorkeling equipments on request	1 hr 30 mins	01 pax	\$75 per pax	\$45 per pax
			02 pax	\$50 per pax	\$30 per pax
			03 Pax	\$40 per pax	\$25 per pax
			4 or more pax	\$30 per pax	\$20 per pax
Outer reef snorkeling	Water bottle per pax, life jackets on request, snorkeling equipments on request	1 hr 30 mins	01 pax	\$65 per pax	\$35 per pax
			02 pax	\$45 per pax	\$25 per pax
			03 pax	\$35 per pax	\$20 per pax
			4 or more pax	\$30 per pax	\$18 per pax
Night snorkeling	Water bottle per pax, life jackets on request, snorkeling equipments on request	1 hour	01 pax	\$95 per pax	\$50 per pax
			02 pax	\$85 per pax	\$45 per pax
			03 pax	\$70 per pax	\$40 per pax
			4 or more pax	\$60 per pax	\$35 per pax
Two point snorkeling	Water bottle per pax, life jackets on request, snorkeling equipments on request	2 hrs	01 pax	\$85 per pax	\$45 per pax
			02 pax	\$75 per pax	\$40 per pax
			03 pax	\$45 per pax	\$25 per pax
			4 or more pax	\$35 per pax	\$20 per pax
Sandbank snorkeling	Beach umbrella, beach towel, water bottle per pax, life jackets on request, snorkeling equipments on request	2 hrs	01 pax	\$85 per pax	\$45 per pax
			02 pax	\$75 per pax	\$40 per pax
			03 pax	\$45 per pax	\$25 per pax
			4 or more pax	\$35 per pax	\$20 per pax
ADVENTURE TRIPS					
Early morning fishing trip	Water bottle per pax	2 hrs	01 pax	\$110 per pax	\$60 per pax
			02 pax	\$65 per pax	\$35 per pax
			03 pax	\$55 per pax	\$30 per pax
			4 or more pax	\$45 per pax	\$25 per pax
Day or night fishing trip	Water bottle per pax	2 hrs	01 pax	\$95 per pax	\$50 per pax
			02 pax	\$60 per pax	\$35 per pax
			03 pax	\$50 per pax	\$30 per pax
			4 or more pax	\$40 per pax	\$23 per pax
Sandbank trip	Beach umbrella, beach towel, water bottle per pax, life jackets on request	2 hrs	01 pax	\$75 per pax	\$40 per pax
			02 pax	\$55 per pax	\$30 per pax
			03 pax	\$45 per pax	\$25 per pax
			4 or more pax	\$35 per pax	\$20 per pax
Sunset & dolphin adventure cruising	Water bottle per pax	1 hr 30 mins	01 pax	\$95 per pax	\$50 per pax
			02 pax	\$65 per pax	\$35 per pax
			03 pax	\$45 per pax	\$30 per pax
			4 or more pax	\$35 per pax	\$25 per pax
Male' tour including submarine sightseeing Trip	Everyday except Monday & Friday Dive timing 11:00 AM Time taken: 02 hours 30 minutes Underwater: 45 minutes	10 hrs (07:30 AM - 05:20 PM)	01 pax	\$155 per pax	\$125 per pax
			02 pax	\$150 per pax	\$120 per pax
			03 pax	\$145 per pax	\$115 per pax
			4 or more pax	\$140 per pax	\$110 per pax
Island hopping - Thulusdhoo	Water bottle per pax	3 hrs	01 pax	\$95 per pax	\$50 per pax
			02 pax	\$65 per pax	\$35 per pax
			03 pax	\$45 per pax	\$25 per pax
			4 or more pax	\$35 per pax	\$20 per pax
Resort excursion - day visit to Cinnamon Dhonveli & Adhaaran Select Hudhuranfushi	Package details will be available at the Reception Desk	Between 09:00 AM - 06:00 PM	01 pax	\$285 per pax	\$65 per pax
			02 pax	\$ 200 per pax	\$60 per pax
			03 pax	\$175 per pax	\$55 per pax
			4 or more pax	\$150 per pax	\$50 per pax
BEACH DINNER, PHOTOSHOOT & WEDDING PACKAGES					
Romantic beach dinner	Can choose anything from our beach dinner menu	2 hrs	02 pax	\$120	
Family beach dinner	Can choose anything from our beach dinner menu	2 hrs	03 or more pax	\$55 per pax	\$30 per pax (under 12 yrs)
Photoshoot on the beach	Make up & hairstyle	1 hr 15 mins	10 Photos	\$95	\$15
			15 Photos	\$105	\$20
			20 Photos	\$115	\$25
			25 Photos	\$125	\$30
Wedding packages	Make up, hairstyle, cake, fruit basket, candlelight dinner & photography	2 hrs	Beach	\$850	
			Sandbank	\$1,150	

**Note: All prices are in USD, subject to 23.2% service charge & government taxes**



Sanoara, Fikuree Hingun  
08030, Rep. of Maldives



+960 6644554  
+960 6644664  
+960 6646774



+960 6644884



info@araamuholidays.com



www.araamuholidays.com

**WATER SPORTS, INDOOR SPORTS & LAND SPORTS**

ACTIVITY	INCLUSIVES	DURATION	CRITERIA	PRICE ADULT (13 YRS & OVER)	PRICE CHILD (3-12 YRS)
JET SKI RIDES					
Jet fun ride		15 mins	Maximum 02-03 pax	\$35	\$35
Jet fun ride		30 mins	Maximum 02-03 pax	\$60	\$60
Jet ski snorkeling	w/ Guide	1 hr	Maximum 02 pax	\$70	\$70
Jet ski sunset trip	w/ Guide	1 hr	Maximum 02 pax	\$85	\$85
Jet ski dolphin adventure trip	w/ Guide	1 hr	Maximum 02 pax	\$85	\$85
Jet ski sandbank	w/ Guide	1 hr 30 mins	Maximum 02 pax	\$95	\$95
Jet tour	w/ Guide	1 hr	Maximum 02 pax	\$110	\$110
KAYAK & STAND UP PADDLE					
Kayak single		1 hr		\$10	\$10
Kayak double		1 hr		\$15	\$15
Kayak triple		1 hr		\$20	\$20
Glass bottom kayak single		1 hr		\$35	\$35
Glass bottom kayak double		1 hr		\$45	\$45
Kayak guided island tour		1 hr	01 pax	\$20	\$20
Kayak guided island tour		1 hr	02 pax	\$25	\$25
Stand up paddle		1 hr		\$10	\$10
Stand up paddle guided island tour		1 hr		\$20	\$20
WATER SKI, MONO SKI, WAKE BOARD & KNEE BOARD					
Wake board		35 mins		\$85	\$85
Wake board lesson		45 mins		\$110	\$110
Knee board		25 mins		\$55	\$55
Water ski		35 mins		\$75	\$75
Mono ski		35 mins		\$75	\$75
BANANA & FUN BED RIDE					
Fun bed ride		15 mins		\$ 15 per pax	\$ 15 per pax
		30 mins		\$ 25 per pax	\$ 25 per pax
Banana ride		15 mins		\$ 15 per pax	\$ 15 per pax
		30 mins		\$ 25 per pax	\$ 25 per pax
KIDS SPECIAL					
Dolphin trainer		15 mins		\$15	\$15
		30 mins		\$25	\$25
Skim board		15 mins		\$15	\$15
		30 mins		\$25	\$25
Sub-wing		15 min		\$50	\$50
		30 min		\$85	\$85
Glass bottom kayak single	w/ Guide or Parent	15 mins		\$20	\$20
	w/ Guide or Parent	1 hr		\$35	\$35
ARAAMU EQUIPMENT RENTAL					
Snorkeling set		Per day		\$5	\$5
Snorkel with mask		Per day		\$3	\$3
Snorkeling fins		Per day		\$3	\$3
Life vest	Free on request	Per day		\$0	\$0
ARAAMU INDOOR SPORTS AT "SAMAASAA PLAY HALL"					
IN-HOUSE GUESTS (FREE ACCESS) & VISITORS ( \$ 10 PER PERSON PER DAY)					
Ah - Valhu Gondi		0	02 pax	\$0	\$0
Chess		0	02 pax	\$0	\$0
Carrom		0	02-04 pax	\$0	\$0
Playing cards		0	02-04 pax	\$0	\$0
Air hockey	Maximun of 01 hour is free for visitors	0	02 pax	\$0	\$0
Billiards	Maximun of 02 hour is free for visitors	0	02-04 pax	\$0	\$0
ARAAMU LAND SPORTS					
Table Tennis for in-house guests		0	02 pax	\$0	\$0
Table Tennis for visitors		1 hr	02 pax	\$3	\$3
Bicycle experience		1 hr	01 pax	\$2	\$2
Bicycle experience		Per day	01 pax	\$12	\$12
Island bicycle experience		1 hr	02 pax	\$15	\$15
Island bicycle experience		Per day	02 pax	\$55	\$55
Island bicycle experience		1 hr	04 pax	\$20	\$20
Island bicycle experience		Per day	04 pax	\$75	\$75

**Note: All prices are in USD, subject to 23.2% service charge & government taxes**







Relax the mind, Renew the body & Revive the soul

## MAAMAHI MESSAGES

### MALDIVIAN TRADITIONAL MASSAGE

An oil-based full body massage that uses a combination of short firm strokes with the thumbs, and long soothing pressure strokes with the heel of the hands to relieve tired muscles, improve skin elasticity, and relax the mind.

| 60 MINUTES - US\$ 65.00 | | 90 MINUTES - US\$ 80.00 |

### BALINESE MASSAGE

A full-body massage that employs age-old Balinese techniques featuring long strokes, rolling motions, stretching, and palm and thumb pressure. It aims to improve circulation, and relieve stress and tension.

| 50 MINUTES - US\$ 60.00 | | 80 MINUTES - US\$ 80.00 |

### AROMATIC MASSAGE

Experience the therapeutic powers of essential oils in a relaxing massage that incorporates the healing powers through the sense of smell and touch to stimulate, relax, detoxify and rebalance the body.

| 50 MINUTES - US\$ 60.00 | | 80 MINUTES - US\$ 80.00 |

### SWEDISH MASSAGE

This classic European full body massage utilises long rhythmic strokes of light to medium pressure to provide relaxation, improve circulation, ease muscular tension, and create a sense of well-being.

| 50 MINUTES - US\$ 60.00 | | 80 MINUTES - US\$ 75.00 |

### TRADITIONAL THAI MASSAGE

This yoga-like oil free massage consists of slow, rhythmic compressions and deep stretches. The Thai massage is both relaxing and energising, and can increase flexibility, improve physical performance, and improve circulation.

| 60 MINUTES - US\$ 60.00 | | 90 MINUTES - US\$ 80.00 |

### HOT STONE MASSAGE

The Hot Stone massage dates back to ancient times and is known for its healing properties. Smooth stones are heated and placed on specific parts of the body, allowing the therapist to access deeper muscle layers to promote ultimate relaxation. The heat warms and relaxes the muscles, helps to improve circulation, calms the nervous system and help to de-stress the entire body.

| 80 MINUTES - US\$ 85.00 |

### KIDS MASSAGE (5 TO 15 YEARS)

This fun and interactive massage is a great experience for kids to learn and relax at the same time.

| 45 MINUTES - US\$ 45.00 |

## MAAMAHI RELAX

### BACK, NECK & SHOULDER MASSAGE

An ideal treatment for those who seek quick relief, this massage focuses on releasing tension build-up and relaxing stiff muscles in the back, neck and shoulder area. This massage restores the balance of energy flow throughout the body and soothes and relaxes the mind.

| 30 MINUTES - US\$ 30.00 | | 45 MINUTES - US\$ 45.00 | | 60 MINUTES - US\$ 60.00 |

### BACK & LEG MASSAGE

A combination of deep massage pressures on the back and legs leaves them without aches, and feeling lighter and more energetic. The perfect treatment to aid relaxation, particularly those suffering from an aching back, and tiredness and heaviness in the legs.

| 45 MINUTES - US\$ 45.00 | | 60 MINUTES - US\$ 60.00 |

### INDIAN HEAD MASSAGE

This ancient massage technique covers the shoulders, neck, face and head. It is excellent for relieving stress, soothing headaches and improving concentration.

| 30 MINUTES - US\$ 30.00 | | 45 MINUTES - US\$ 40.00 |

### FOOT REFLEXOLOGY

Experience the art of reflexology which applies medium massage pressure to specific points on the feet which correspond with the body's vital organs. This gentle therapy encourages the body to work naturally to restore its own healthy balance.

| 30 MINUTES - US\$ 30.00 | | 45 MINUTES - US\$ 40.00 |



# MAAMAHI FACIALS

## REFRESHER FACIAL

Revive a tired complexion with an express cleansing, exfoliation, and a specialised mask, or moisturising massage to boost and reveal skin clarity.

| 45 MINUTES - US\$ 40.00 |

## DEEP CLEANSE FACIAL

Specifically designed for deep cleansing effects, this facial treatment focuses on removing impurities, leaving it moisturised and protected. Relieve facial tension and leave the skin feeling smoother and softer with this highly exfoliating treatment customised to your skin needs.

| 50 MINUTES - US\$ 55.00 |

## AROMATIC FACIAL

This customised facial uses the powerful benefits of essential oils to revitalise, relax, and nourish the skin. Deeply relaxing massage techniques are incorporated to de-stress your features and increase circulation. This facial aims to purify, refine and hydrate your skin, restoring its natural beauty.

| 70 MINUTES - US\$ 60.00 |



# SPA ETIQUETTE

We want you to enjoy your visit to the Spa. Please read through the following information for helpful advice and tips on getting the best out of the experience.

## Operating hours

Spa operates from 09:00 AM to 08:00 PM daily with the last booking at 07:00 PM.

## Appointments

We highly recommend booking your treatment in advance to ensure that your preferred date and time is available. For appointments please contact the Spa Reception or Hotel Reception Desk. From outside the hotel, please call our direct line: +960 6644554 or email: [info@araamuholidays.com](mailto:info@araamuholidays.com).

## Arrival Time

To make the most of your spa experience, we request that you arrive 15 minutes before your scheduled appointment time. If you arrive late, this will limit the time of your treatment, which will end as per schedule to ensure that the next guest is not delayed. Pre-booked reservations will be released to stand-by clients 15 minutes after the appointment time.

## Cancellation Policy

To change or cancel an appointment, you are kindly requested to provide 4 hours' notice prior to the appointment. We regret that 50% charge will be made for treatments cancelled less than 4 hours' notice and 100% charge will apply for no-shows.

## Special Considerations

Guests who have high blood pressure, heart conditions, allergies, are pregnant or have any other medical complications are advised to consult their doctors before signing up for any spa services. Kindly, inform your spa therapist of any existing medical condition.

## Spa Environment

For the consideration of others, please keep noise to a minimum. Cellular phones and other electronic devices are not permitted within the Spa and photography is also not permitted without prior arrangement with the management. Guests under 5 years of age are not permitted to use the spa. Guests aged between 5 to 18 years are allowed to use the spa when accompanied by an adult.

## Valuables

We recommend that no jewellery be worn when you visit the spa. Management accepts no responsibility for the safety of money and valuables of any kind brought into the spa.

## Spa Attire

Your modesty will be respected at all times. On arrival, you will be supplied with a bathrobe and towel as well as a space for your clothing and personal belongings.

## In-Room Massage

We understand that sometimes you just want to relax in the privacy of your room and with an advanced booking we will try to accommodate your request. For this service, there will be an added 25% surcharge.



Araamu Holidays & Spa  
Sanoara, Fikuree Hingun  
08030, K. Dhiffushi  
Republic of Maldives

Telephone: +960 6644554, +960 6644664, +960 6644774

Facsimile: +960 6644884

Email: [info@araamuholidays.com](mailto:info@araamuholidays.com) | Web: [www.araamuholidays.com](http://www.araamuholidays.com)





## Dive Prices

<b>Single Dive</b> with equipment	\$ 65.00
<b>5 Dives or more</b> with equipment	\$ 60.00
<b>10 Dives or more</b> with equipment	\$ 55.00
<b>Single Dive</b> without equipment	\$ 50.00
<b>5 Dives or more</b> without equipment	\$ 45.00
<b>10 Dives or more</b> without equipment	\$ 40.00

**With equipment includes:** Tank, Weight, Belt, Fins, Mask, BCD, Regulator, Computer, and SMB.

**Without equipment includes:** Tank, Weight and Belt.

All course are PADI Only.

Prices are inclusive of boat trip.

Certification will be issued as per course standard.  
A referral will be recommended if participant is unable to complete the full course.



All prices are in US Dollars per person, inclusive of 10% service charge and 12% tax. Prices are subject to change without prior notice.

## Dive Courses

<b>Bubble Maker (8 years)</b> Kids only minimum age of 8 years old	\$ 75.00
<b>Discover Scuba Diving (10 years)</b> For non divers only (theory + confined + dive)	\$ 75.00
<b>Discover Scuba Diving (Repeat Dive)</b> For non divers only (dive after your DSD)	\$ 65.00
<b>Discover Scuba</b> For non divers only (theory + confined)	\$ 50.00
<b>PADI Scuba Diver</b> 2 day course 3 theory 3 confined Water sessions 2 open water dives	\$ 310.00
<b>PADI Scuba Diver to Open Water Upgrade</b> Need scuba diver certification 2 theory 2 confined water session 2 open water dives	\$ 287.00
<b>PADI Open Water Referral</b> 2 day 4 open water dives	\$ 329.00
<b>PADI Open Water Diver</b> 4 to 5 day course 5 theory 5 confined water sessions 4 open water dives	\$ 456.00
<b>Adventure Dive</b> 1 day course 1 dive + theory	\$ 114.00
<b>PADI Advanced Open Water</b> 2 day course 5 dives	\$ 439.00
<b>Emergency First Responder</b> Certification course	\$ 265.00
<b>PADI Rescue Diver</b> 5 day course	\$ 578.00
<b>PADI Dive Master</b> 4 weeks course	\$1,054.00



## Equipment Rental

<b>BCD</b> - Per Dive	\$ 5.00
<b>Regulator</b> - Per Dive	\$ 5.00
<b>Wet Suit</b> - Per Dive	\$ 5.00
<b>Dive Computer</b> - Per Dive	\$ 7.00
<b>Fins</b> - Per Dive	\$ 5.00
<b>Mask</b> - Per Dive	\$ 5.00
<b>Snorkel</b> - Per Dive	\$ 5.00
<b>Full Dive Equipment</b> - Per Day	\$ 27.00

Before renting equipment the full price needs to be paid.

## Charges for Equipment Loss & Damage

Weight Belt	\$ 27.00
Weight Per Kg	\$ 11.00
Snorkel	\$ 43.00
Mask	\$ 73.00
Fins	\$ 75.00
SMB	\$ 43.00
BCD	\$ 519.00
Dive Computer	\$ 471.00
Wet Suit	\$ 100.00
Regulator	\$ 535.00
Torch	\$ 428.00
Compass	\$ 203.00

## CANCELLATION POLICY

To ensure that the best possible service is provided, we need to plan our operation in advance. To cancel an appointment, you are kindly requested to provide 2 hours notice prior to the dive or course. We regret that a 50% charge will be made for a dive or course cancelled with less than 2 hours notice, and 100% charge will apply for no-shows.



## About Us

Scuba Diving at Araamu Holidays & Spa is provided in partnership with Padi 5 Star Dive Centre Scuba Divine Maldives. Scheduled daily dives are conducted in the morning and afternoon. However, we are flexible and will do our best to facilitate single dives and day trips at a time that best suits you. Our enthusiastic, highly professional and fully trained team adheres to the highest safety standards, and will ensure that you are fully confident to enjoy and explore our magical underwater wonderland.

## Contact Us

**Telephone:** +960 6644554  
+960 6644664  
+960 6644774

**Facsimile:** +960 6644884

**Email:** [info@araamuholidays.com](mailto:info@araamuholidays.com)

**Web:** [www.araamuholidays.com](http://www.araamuholidays.com)



**Araamu Holidays & Spa**

Sanoara, Fikuree Hingun  
08030, K. Dhiffushi  
Republic of Maldives